

British Age Groups Team July 2013



The British Age Group Team travelled to Ponds Forge in Sheffield on 23rd July 2013 along with team manager Berni Kehoe and coach, Fran Ronan.

Unfortunately, Berni became ill on the second day and was unable to accompany the team to the pool. Fran took over and we would like to thank the team managers from Connacht and Ulster who gave great support to Fran and our team while Berni was unwell. Sandra Cole very kindly flew over to the gala on day 3 to take over the team management and Berni came back home to recover.

The team of swimmers, Niamh Coyne Tallaght, Laoise Fleming Kells, Lydia Kehoe New Ross, Emer Kelly Asgard, Sophie Linnane Glenalbyn and Antoinette Neamt Tallaght had a great week. Between them they achieved 9 PB's, 8 Finals and a special mention to Antoinette Neamt who won Gold medals in the 200m IM, 200m, 400m and 800m freestyle and a silver in the 400IM. Overall, the girls team finished 8th in the team event.

What a great week for them and special thanks to Berni, Sandra and Fran for working with the team.

British Youths Team July/August 2013



The team of 13 swimmers for the British Youths competition in Sheffield travelled on Monday 29th July 2013 accompanied by coaches Alan Turner and Michal Niemczak and team manager Paul Doogue. Sandra Cole was also team manager but had very kindly travelled over the previous week for the Age Group competition and met up with the team when they arrived at the hotel.

It was another great week for the Leinster team with PB's and finalists. Congratulations to Shani Stallard who won a bronze medal in the 400IM and Brian O'Sullivan, a silver medal in the 100m backstroke and to all the swimmers Niamh Bryson Tallaght, Claire Duffley Viking, Benjamin Doyle Aer Lingus, Clodagh Flood Tallaght, Ben Griffin Aer Lingus, Phillip Hanley Troan, Mark Keaveney Trojan, Niamh Morgan Aer Lingus, Niamh Murphy Templeogue, Brian O'Sullivan NAC, Jess Stallard Kilkenny, Shani Stallard UCD, Conor Turner Aer Lingus.

We would again like to thank the team managers from Ulster and Connacht for their support and also Mary Corby from Munster who was a great help to our team.

These were 2 great competitions for our Leinster teams and the Leinster Management committee would like to congratulate the swimmers on how well they represented their clubs, region and families.

We would also like to congratulate and thank our fantastic team managers Berni, Sandra and Paul for their time and commitment to Leinster and for guiding the teams through these competitions.

Finally, not forgetting our dedicated coaches, Fran, Alan and Michal- their enthusiasm and dedication to swimming allowed our swimmers to perform to great heights and achieve great results for both themselves and the teams.

Well done everyone- we look forward to another great trip for next year!