

Dear Club Secretary,

Enclosed please find entry details for the Leinster Distance/Qualifying Gala. This Gala is open **only** to swimmers registered with clubs in **Leinster Region**, Swim Ireland.

Venue	National Aquatic Centre, Abbottstown, Dublin	
Format	SHORT COURSE	
Time	Sunday 15 th October 2017	
	<u>Session 1:</u>	warm up 7.30am start 8.45am
	<u>Session 2:</u>	warm up 2.00pm start 3.00pm
Fee	€7 per Individual Event	
Payment	<p>Cheques by post. Made out to: Swim Ireland Leinster Region Postal Address: Leinster Treasurer Leinster Region Swim Ireland P.O. Box 12344 Blackrock Co Dublin</p>	<p>Bank Transfer Name of Account: Swim Ireland Leinster Region IBAN: IE59AIBK93251559772204 BIC: AIBKIE2D</p>
	<p>If you are remitting the fees by cheque, please note the club and the name of the gala on the back. If transferring directly, please reference the club and gala on the transfer narrative, and email the treasurer on leinstertreasurer@swimireland.ie to confirm transfer.</p> <p>As it may not be possible to accept all entries, fees due will be advised to clubs on final acceptance of entries.</p>	
Eligibility	Only swimmers registered with Leinster clubs, aged 10 or over, are eligible to enter this gala. Swimmers must have achieved the Qualifying Times as indicated in the tables below. No NTs will be accepted.	
Entries	Gerald Fleming, Gala Sec, Leinster Swimming. Entries, on Hy-Tek only , should be emailed to leinstergalasecretary@swimireland.ie	
Entries Closing	Monday 2nd October 2017. Ages are Year of Birth; as of Dec 31st 2017	
Officials	<i>Clubs will be asked to provide officials following a ratio of one official to every four swimmers (this includes the senior gala officials). Different arrangements will apply to the rostering of officials for long distance events (800m, 1500m).</i>	
Heats	Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.	
Scratches	Scratches for this gala will close at 5pm on the evening before the gala; that is 5pm on Saturday October 14 th 2017. Scratches to be sent via email to leinstergalasecretary@swimireland.ie	

ORDER OF EVENTS

Session 1 – warm up 7.30am, start 8.45am

1	Female	50m back	
2	Male	50m back	
3	Female	50m breast	
4	Male	50m breast	
5	Female	400m IM	
6	Male	400m IM	
7	Female	200m free	
8	Male	200m free	
9	Female	200m fly	
10	Male	200m fly	
11	Female	100m IM	Ages 18+ only
12	Male	200m IM	
13	Mixed	800m free	(4 heats)

Session 2 – warm up 2.00pm, start 3.00pm

14	Male	50m free	
15	Female	50m free	
16	Male	50m fly	
17	Female	50m fly	
18	Male	400m free	Ages 18+ only
19	Female	400m free	Ages 18+ only
20	Male	200m back	
21	Female	200m back	
22	Male	200m breast	
23	Female	200m breast	
24	Male	100m IM	Ages 18+ only
25	Female	200m IM	
26	Mixed	1500m free	(2 heats)

Leinster Distance/Qualifying Gala – October 2017

“Faster Than” Qualifying Times

MALE

	10/11	12	13	14	15	16	17	18+
50FC	00:38.00	00:36.00	00:35.30	00:34.20	00:31.00	00:31.00	00:30.00	00:28.00
200FC	03:00.00	02:50.00	02:40.00	02:32.00	02:30.00	02:25.00	02:24.00	02:20.00
400FC								05:15.00
800FC	14:30.00	14:00.00	13:30.00	12:35.00	12:05.00	11:20.00	11:00.00	11:00.00
1500FC	26:30.00	25:30.00	24:30.00	23:15.00	22:00.00	21:00.00	20:20.00	20:20.00
50BC	00:48.00	00:45.00	00:44.0	00:43.50	00:42.00	00:42.00	00:41.00	00:40.00
200BC	03:22.00	03:18.00	03:15.00	03:07.00	03:00.00	02:55.00	02:50.00	02:50.00
50BS	00:55.00	00:52.00	00:50.00	00:48.00	00:46.00	00:46.00	00:44.00	00:43.00
200BS	04:10.00	03:55.00	03:43.00	03:29.00	03:25.00	03:21.00	03:18.00	03:18.00
50BF	00:48.00	00:45.37	00:45.00	00:44.50	00:44.00	00:43.50	00:43.00	00:42.50
200BF	04:35.00	04:20.00	04:05.00	03:50.00	03:45.00	03:43.00	03:41.00	03:41.00
100IM								01:18.00
200IM	03:30.00	03:20.00	03:10.00	03:00.00	02:50.00	02:48.00	02:44.00	02:40.00
400IM	07:45.00	07:30.00	07:10.00	06:50.00	06:40.00	06:30.00	06:25.00	06:25.00

FEMALE

	10/11	12	13	14	15	16	17+	18+
50FC	00:37.50	00:35.60	00:35.00	00:33.50	00:31.64	00:31.50	00:31.20	00:31.20
200FC	03:00.00	02:50.00	02:40.00	02:35.00	02:30.00	02:28.00	02:25.00	02:25.00
400FC								05:25.00
800FC	14:30.00	14:00.00	13:30.00	12:40.00	12:10.00	11:40.00	11:30.00	11:30.00
1500FC	26:30.00	25:30.00	24:30.00	23:30.00	22:30.00	21:30.00	21:15.00	21:15.00
50BC	00:46.00	00:43.54	00:42.50	00:40.25	00:41.15	00:41.15	00:40.80	00:40.80
200BC	03:22.00	03:18.00	03:15.00	03:10.00	03:05.00	03:00.00	02:56.00	02:56.00
50BS	00:55.00	00:52.00	00:51.80	00:50.00	00:48.00	00:47.00	00:46.00	00:46.00
200BS	04:10.00	03:55.00	03:43.00	03:30.30	03:28.00	03:25.00	03:25.00	03:25.00
50BF	00:48.00	00:46.00	00:45.00	00:44.00	00:43.00	00:43.00	00:42.00	00:42.00
200BF	04:35.00	04:20.00	04:05.00	03:53.00	03:51.00	03:49.00	03:49.00	03:49.00
100IM								01:25.00
200IM	03:30.00	03:20.00	03:10.00	03:00.00	02:52.00	02:48.00	02:44.00	02:44.00
400IM	07:45.00	07:30.00	07:10.00	06:55.00	06:45.00	06:35.00	06:30.00	06:30.00