

Dear Club Secretary,

Enclosed please find entry details for the Leinster October Qualifying Gala (Level 3). This Gala is open **only** to swimmers registered with clubs in **Leinster Region**, Swim Ireland.

Venue	<i>National Aquatic Centre, Abbottstown, Dublin</i>	
Format	SHORT COURSE	
Time	<p><i>Saturday 13th October 2018</i></p> <p><u>Session 1:</u> warm up 7.45am start 9.00am</p> <p><u>Session 2:</u> warm up 2.00pm start 3.00pm</p> <p><i>Sunday 14th October 2018</i></p> <p><u>Session 1:</u> warm up 7.45am start 9.00am</p> <p><u>Session 2:</u> warm up 2.00pm start 3.00pm</p>	
Fee	€7 per Individual Event	
Payment	<p>Cheques by post, made out to: “Swim Ireland Leinster Region” Postal Address: Leinster Treasurer Leinster Region Swim Ireland P.O. Box 12344 Drumcondra Dublin 9</p>	<p>By Bank Transfer Name of Account: “Swim Ireland Leinster Region” IBAN: IE59AIBK93251559772204 BIC: AIBKIE2D</p>
	<p><i>If you are remitting the fees by cheque, please note the club and the name of the gala on the back. If transferring directly, please reference the club and gala on the transfer narrative, and email the treasurer to confirm transfer at leinstertreasurer@swimireland.ie.</i></p> <p><i>As it may not be possible to accept all entries, fees due will be advised to clubs on final acceptance of entries.</i></p>	
Eligibility	<p><i>Only swimmers registered with Leinster clubs, aged 10 or over, are eligible to enter this gala. Ages are Year of Birth; as of Dec 31st 2018. Swimmers should have achieved the Consideration Times as indicated below. Entries with NT will be rejected.</i></p>	
Entries	<p><i>Gala Sec, Leinster Swimming. Entries, on Hy-Tek only. Entries should be emailed to leinstergalasecretary@swimireland.ie</i></p>	
Entries by:	Monday 1st October 2018.	
Officials	<p><i>Clubs must provide officials in a ratio of one official to every four swimmers (this includes the senior gala officials). Different arrangements may apply to the rostering of officials for long distance events (800m, 1500m).</i></p>	
Heats	<p><i>Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.</i></p>	
Scratches	<p><i>Scratches for this gala will close at 5pm on Friday October 12th for Sessions 1 and 2 and 5pm on Saturday October 13th for Sessions 3 and 4. Scratches via email to leinstergalasecretary@swimireland.ie or in person at the gala.</i></p>	

ORDER OF EVENTS

Saturday October 13th 2018

Session 1

Warm up 7.45 am, Start 9.00am

1	Female	50m Fly
2	Male	50m Fly
3	Female	400m Free
4	Male	200m Back
5	Female	200m Back
6	Male	100m Breast
7	Female	100m Breast
8	Male	200m IM
9	Female	200m IM

Session 2

Warm up 2.00pm, Start 3.00pm

10	Male	50m Breast
11	Female	50m Breast
12	Male	400m IM
13	Female	200m Free
14	Male	200m Free
15	Female	100m Fly
16	Male	100m Fly
17	Mixed	1500m Free (3 heats)

Sunday October 14th 2018

Session 3

Warm up 7.45 am, Start 9.00am

18	Male	50m Back
19	Female	50m Back
20	Male	400m Free
21	Female	200m Breast
22	Male	200m Breast
23	Female	100m Free
24	Male	100m Free
25	Female	100m IM
26	Male	100m IM

Session 4

Warm up 2.00pm, Start 3.00pm

27	Female	50m Free
28	Male	50m Free
29	Female	400m IM
30	Male	200m Fly
31	Female	200m Fly
32	Male	100m Back
33	Female	100m Back
34	Mixed	800m Free (6 heats)

Water:

Please note that, as an environment-friendly measure, Leinster Swimming will no longer distribute bottles of water to timekeepers/officials, but will provide a water-cooler in the call-room. Timekeepers/officials/coaches are welcome to bring their own bottles and fill them from the water cooler as required.

Leinster Qualifying Meet – October 2018

Short-Course Qualifying Meet Consideration Times (all times SC)								
Ages as of Dec 31 st 2018								
Male	10/11	12	13	14	15	16	17	18+
50FC	00:38.00	00:36.00	00:34.30	00:33.00	00:31.00	00:30.00	00:29.00	00:28.00
100FC	01:20.00	01:18.50	01:15.00	01:10.00	01:05.00	01:04.00	01:03.00	01:00.00
200FC	03:00.00	02:50.00	02:40.00	02:32.00	02:30.00	02:25.00	02:24.00	02:20.00
400FC	06:55.00	06:40.00	06:25.00	06:10.00	05:55.00	05:20.00	05:15.00	05:15.00
800FC	12:30.00	12:15.00	12:00.00	11:30.00	11:00.00	10:30.00	10:15.00	10:00.00
1500FC	23:30.00	23:00.00	22:30.00	21:30.00	21:00.00	20:30.00	20:00.00	19:30.00
50BC	00:48.00	00:45.00	00:44.00	00:43.50	00:42.00	00:42.00	00:41.00	00:40.00
100BC	01:36.00	01:33.00	01:32.00	01:28.50	01:26.30	01:26.00	01:25.00	01:22.00
200BC	03:22.00	03:18.00	03:15.00	03:07.00	03:00.00	02:55.00	02:50.00	02:50.00
50BS	00:55.00	00:52.00	00:50.00	00:48.00	00:46.00	00:46.00	00:44.00	00:43.00
100BS	01:50.00	01:47.00	01:44.00	01:41.00	01:33.50	01:33.50	01:32.00	01:31.00
200BS	04:10.00	03:55.00	03:43.00	03:29.00	03:25.00	03:21.00	03:18.00	03:18.00
50BF	00:48.00	00:45.37	00:45.00	00:44.50	00:44.00	00:43.50	00:43.00	00:42.50
100BF	01:55.00	01:50.00	01:48.00	01:45.00	01:35.00	01:28.00	01:24.00	01:21.00
200BF	04:35.00	04:20.00	04:05.00	03:50.00	03:45.00	03:43.00	03:41.00	03:41.00
100IM	01:37.00	01:36.00	01:34.00	01:30.00	01:25.00	01:22.00	01:20.00	01:18.00
200IM	03:30.00	03:20.00	03:12.00	03:04.00	02:55.00	02:50.00	02:45.00	02:40.00
400IM	07:45.00	07:30.00	07:10.00	06:50.00	06:40.00	06:30.00	06:25.00	06:25.00
Female	10/11	12	13	14	15	16	17	18+
50FC	00:37.50	00:35.00	00:34.00	00:33.00	00:32.00	00:31.50	00:31.20	00:31.00
100FC	01:20.00	01:16.00	01:12.50	01:10.00	01:08.50	01:08.00	01:07.50	01:07.00
200FC	03:00.00	02:50.00	02:40.00	02:35.00	02:30.00	02:28.00	02:25.00	02:23.00
400FC	06:55.00	06:40.00	06:25.00	06:15.00	06:00.00	05:40.00	05:25.00	05:20.00
800FC	13:00.00	12:45.00	12:30.00	12:15.00	12:00.00	11:45.00	11:30.00	11:15.00
1500FC	23:30.00	23:00.00	22:30.00	22:00.00	21:30.00	21:00.00	20:30.00	20:00.00
50BC	00:46.00	00:43.50	00:42.00	00:40.50	00:40.50	00:40.00	00:40.00	00:40.00
100BC	01:30.00	01:28.50	01:25.00	01:21.50	01:20.00	01:20.00	01:19.00	01:18.00
200BC	03:22.00	03:18.00	03:15.00	03:10.00	03:05.00	03:00.00	02:56.00	02:54.00
50BS	00:55.00	00:51.50	00:51.00	00:49.50	00:48.00	00:47.00	00:46.00	00:45.00
100BS	01:45.00	01:42.00	01:39.00	01:36.00	01:34.50	01:34.50	01:34.00	01:33.50
200BS	04:10.00	03:55.00	03:43.00	03:30.30	03:28.00	03:26.00	03:25.00	03:25.00
50BF	00:48.00	00:46.00	00:45.00	00:44.00	00:43.00	00:43.00	00:42.00	00:41.00
100BF	01:45.00	01:42.50	01:40.50	01:32.00	01:29.00	01:29.00	01:28.50	01:28.00
200BF	04:35.00	04:20.00	04:05.00	03:53.00	03:51.00	03:49.00	03:49.00	03:48.00
100IM	01:37.00	01:36.00	01:34.00	01:30.00	01:26.50	01:26.00	01:25.00	01:24.00
200IM	03:30.00	03:20.00	03:12.00	03:06.00	02:59.00	02:57.00	02:55.00	02:52.00
400IM	07:45.00	07:30.00	07:10.00	06:55.00	06:45.00	06:35.00	06:30.00	06:26.00